

What Are You Looking For?

Three suggestions to practice this week. Choose one - the one that you feel you probably need most - and do it this week.

1. Ask Jesus to open your eyes.

- a. Each morning, before your day begins, start with this prayer: “Jesus, help me see what You are actually doing in my life today - not just what I want you to do.”
- b. Then ask:
 - i. Where do I feel pressure for things to be different?
 - ii. Where am I demanding a certain outcome from God or from others?
 - iii. Can I release that expectation and invite Jesus to guide me instead?
- c. Simeon said Jesus would reveal the thoughts of many hearts. Let Him reveal yours. There’s no transformation without truth.

2. Name and release an unmet expectation.

- a. Write down one way you’ve been disappointed with God recently - one thing you hoped for that hasn’t come to pass.
- b. Then ask:
 - i. Is it possible that this was my will, not His?
 - ii. What might Jesus be doing beneath or beyond this?
 - iii. What would it look like to trust Him anyway - despite this disappointment?
- c. Pray: “Jesus, I give this to You. Help me welcome You as You are - not as I’ve imagined.” Expectations blind us to the present. Jesus often works quietly, below the surface - and we may not even realize it.

3. Ask a friend: “How do you see Jesus at work in my life?”

a. Sit down with a trusted friend and ask:

- i. Do you see ways I’ve been growing in Christ that I might not notice?
- ii. Are there expectations you see in me that might be holding me back?
- iii. Where do you think I might need to surrender more to Jesus?

b. Then listen. Don’t defend. Let it shape you and take it to God in prayer.

Jesus reveals our hearts and sometimes He does that through other people. This is what it means to be a community that helps each other live Kingdom-shaped lives.